



Kimberley Aboriginal Medical Services Ltd

*Social and Emotional Wellbeing  
Regional Forum*

## Social and Emotional Wellbeing Regional Forum

24<sup>th</sup>, 25<sup>th</sup> & 26<sup>th</sup> November 2020 | Kimberley Aboriginal Medical Services Ltd | Nyamba Buru Yawuru, Broome, WA

Tuesday 24 <sup>th</sup> November 2020			
<b>8:00am</b>	<b>Registrations</b>   SEWB Regional Staff <b>Welcome to Country &amp; Smoking Ceremony</b>   Nyamba Buru Yawuru <b>Welcome &amp; Introduction</b>   Kristen Orazi & MC <b>Housekeeping, Icebreaker &amp; Introduction Activity</b>   MC		
<b>10:00 – 10:20</b>	<b>Morning Tea</b>		
<b>Building Communities</b>   Michael McKenzie			
<b>12:00 – 1:00</b>	<b>Lunch</b>		
<b>Team Building Activity</b>   MC			
<b>2:30 – 2:45</b>	<b>Afternoon Tea</b>		
<b>Networking Activity</b>   MC			
<b>Wrap up</b>   MC			
Wednesday 25 <sup>th</sup> November 2020			
<b>8:00</b>	<b>Registrations</b>   SEWB Regional Staff <b>Welcome &amp; Reflections on Previous Day</b>   MC <b>Mindfulness activity</b>   Tara Gower		
<b>9:45 – 10:00</b>	<b>Morning Tea</b>		
<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; vertical-align: top;"> <b>Session 1</b>  <b>LIYAN Natural Helpers</b>  <b>LIYAN Natural Helpers Training</b>   Zac Cox &amp; Michael McKenzie             </td> <td style="width: 50%; vertical-align: top;"> <b>Session 2</b>  <b>Facilitating Group Psychoeducation</b>   Melissa Puertollano, Sean Durant &amp; Jacob Smith  <b>Information on Group Work</b>   headspace Team             </td> </tr> </table>		<b>Session 1</b> <b>LIYAN Natural Helpers</b> <b>LIYAN Natural Helpers Training</b>   Zac Cox & Michael McKenzie	<b>Session 2</b> <b>Facilitating Group Psychoeducation</b>   Melissa Puertollano, Sean Durant & Jacob Smith <b>Information on Group Work</b>   headspace Team
<b>Session 1</b> <b>LIYAN Natural Helpers</b> <b>LIYAN Natural Helpers Training</b>   Zac Cox & Michael McKenzie	<b>Session 2</b> <b>Facilitating Group Psychoeducation</b>   Melissa Puertollano, Sean Durant & Jacob Smith <b>Information on Group Work</b>   headspace Team		
<b>12:00 – 1:00</b>	<b>Lunch</b>		
<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; vertical-align: top;"> <b>Session 1</b>  <b>LIYAN Train the Trainers</b>   Zac Cox             </td> <td style="width: 50%; vertical-align: top;"> <b>Session 2</b>  <b>Psychoeducation Topics for Groups</b>   headspace Team             </td> </tr> </table>		<b>Session 1</b> <b>LIYAN Train the Trainers</b>   Zac Cox	<b>Session 2</b> <b>Psychoeducation Topics for Groups</b>   headspace Team
<b>Session 1</b> <b>LIYAN Train the Trainers</b>   Zac Cox	<b>Session 2</b> <b>Psychoeducation Topics for Groups</b>   headspace Team		
<b>2:30 – 2:45</b>	<b>Afternoon Tea</b>		
<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; vertical-align: top;"> <b>Practical Assessment for Trainers</b>   Zac Cox  <b>Reflections</b>   MC             </td> <td style="width: 50%; vertical-align: top;"> <b>Practical Session</b>   headspace Team             </td> </tr> </table>		<b>Practical Assessment for Trainers</b>   Zac Cox <b>Reflections</b>   MC	<b>Practical Session</b>   headspace Team
<b>Practical Assessment for Trainers</b>   Zac Cox <b>Reflections</b>   MC	<b>Practical Session</b>   headspace Team		
<b>6PM</b>	<b>SEWB Regional Forum Dinner and Awards Ceremony</b>   Aarli Bar		

Thursday 26<sup>th</sup> November 2020

**8:00AM**

**Reflections | MC**

**Equine Assisted Learning (EAL) | Juli Coffin & Telethon Kids Institute Team**

**Panel talk**

**10:00 – 10:30 Morning Tea**

**Icebreaker | MC**

**70/20/10 Introductions and Self Planning | Kristen Orazi**

**12:00 – 1:00 Lunch – KAMS RTO stall**

**Knowledge Sharing**

**Kimberley Empowerment, Healing and Leadership Program Evaluation | Emma Carlin & Kim Sears**

**Garnduwa | Amanda Gregory**

**Empowered Young Leaders | Tonii Skeen**

**Clinical Supervision & Self Care | BOAB Health**

**3:15-3:30 Afternoon Tea**

**Reflection activity – Appreciative Enquiry and Feedback Survey – celebrate each other – something they were impressed of in another worker, what will they take away from that that they will try to do themselves.**