



# Social and Emotional Wellbeing Partner Network Monthly News February 2022

## SEWB WSDU Team Update

Hi All and welcome back to the SEWB Monthly newsletter.

### New Starters

The SEWB Team has appointed Abby-Rose Cox as the new SEWB Learning & Development coordinator. Abby will be working alongside Lenard in the Workforce Support Learning and Development Unit.

Abby is a member of the Nimunburr community with connections to Kija in the East Kimberley.

Abby has a background in secondary teaching, primarily with Aboriginal young people. This has been a driving force in Abby pursuing a career in research and health and wellbeing. For the past two years Abby has been working as part of a culturally secure intervention team in Broome as a practitioner and researcher.

Abby's passion derives from her experiences as a teacher, mentor, peer educator and social and emotional wellbeing coordinator. Her experiences in the education and youth mental health space in Broome and her dual role as a doctoral candidate and health worker aims to provide invaluable insights into how local services can better work together with communities to offer services that are more responsive, effective, sustainable, and culturally appropriate for Aboriginal youth.



Hillary Henry is a social work student that will be joining the team till mid-May building on her culturally safe practice.

Hillary is in her final year doing a placement in the SEWB team at KAMS. Hillary has worked for several years in communications and media however decided to change careers 2 years ago and become a social worker.

Outside of study and work her hobbies include spending time at the beach, playing social basketball or reading a good book. Hillary is looking forward to building a good foundation of Aboriginal ways of knowing, doing and being that will help her to have a culturally safe practice in her emerging career.



Abby is also undertaking a PhD project which seeks to explore how culturally secure social and emotional wellbeing programs change the relationship disengaged Aboriginal youth have with educational institutions. It is a qualitative study evidencing a culturally secure program in the social and emotional wellbeing context as reported by Aboriginal youth, families and referrers in the Kimberley region.



# Social and Emotional Wellbeing Partner Network Monthly News February 2022

## Cultural Safety Training delivered to AHW Students

At the commencement of the Aboriginal Health Work training, SEWB Senior trainer Michael McKenzie with support from SEWB Capacity Building Officer, Shannon Fong delivered an introductory workshop on Cultural Safety to the 2022 cohort of students.



This ad-hock workshop ran for 4 hours and feedback from the students was that it was very informative, insightful and engaging with many noting that it gave them a better understanding of KAMS. They also explained that they felt equipped with the confidence to complete their studies and practice culturally safe care in the workplace.



The Cultural Safety Training provided students with an overview of KAMS services and offered;

- An Introduction to KAMS and the remote communities they may one day be servicing and roles.
- An introduction to Aboriginal Cultural Awareness for staff and health professionals working alongside and caring for Aboriginal and Torres Strait Islander people, families and communities.
- An understand of Aboriginal peoples' history, culture and kinships systems.
- An understanding of the importance of developing strong relationships and respectful ways of working together

## Kimberley Stolen Generation Apology Day Event



Damon showing support at the Kimberley Stolen Generation Apology Day Event. He spent the day engaging with community members at this wonderful event.



# Social and Emotional Wellbeing Partner Network Monthly News February 2022

## Upcoming Events

### Are We Caring For Everyone? Exploring Child Protection in Australia Symposium

The Australian Association of Social Workers (AASW) will be hosting **Are We Caring For Everyone? Exploring Child Protection in Australia Symposium**; on the 10<sup>th</sup> of March 2022. Our very own SEWB manager Karl Williamson will be one of the key note speakers. Come and be a part of this one-day event being held virtually from 10.00 AM to 4.00 PM (AEDT).

To Register please click on [link](#)



AASW SYMPOSIUM ONLINE

THURSDAY, 10 MARCH 2022

### WA Mental Health Conference re-scheduled to November 2022 due to COVID

Given the changing nature of the COVID pandemic in WA in coming months the Western Australian Mental Health Conference has been re-scheduled to **Monday and Tuesday, 7-8 November 2022**.

For more information please click on link



08 6246 3000 [conference@waamh.org.au](mailto:conference@waamh.org.au) [waamh.org.au/conference](http://waamh.org.au/conference) @TheWAAMH



# Social and Emotional Wellbeing Partner Network Monthly News February 2022

## Job Opportunities

### **2x Intensive Support Worker**

**Location:** Derby Aboriginal Health Service

**Status:** Full Time

**Hours:** 76h Pre-Fortnight

**Closing Date:** 11<sup>th</sup> March 2022

For more information please email Natasha [natasha@dahs.org.au](mailto:natasha@dahs.org.au) or phone (08) 9158 4207

### **SEWB Caseworker**

**Location:** Broome Aboriginal Medical Service

**Status:** Full Time

**Hours:** 76h Pre-Fortnight

**Closing Date:** 11<sup>th</sup> March 2022

For more information please email Cassandra [cassandram@brams.org.au](mailto:cassandram@brams.org.au) or to apply please [click here](#)

## Other Opportunities

### **WAAMH Mental health training courses in March and April 2022**

The WAAMH have a list of Face-to-Face and on-line training in the month of March: please see below some of the training they have to offer.

#### **Mental Health, Alcohol and Other Drugs: 14 March**

Understand how and why mental health and AOD frequently occur together, as well as strategies for working holistically and collaboratively to support people in their recovery.

#### **Meditation and Wellbeing: 21 March**

Understanding what meditation is, how it works and most importantly provides experiential, person-centered learning in a safe environment.

#### **Mental Health First Aid: 21-22 March**

Mental Health First Aid Australia will equip you with the skills and resources to recognise and respond appropriately to someone experiencing a mental health crisis, until professional help arrives.

#### **Safe Professional Boundaries and Self-care (online): 24-25 March**

Examine the nature of boundaries and how to work within boundary frameworks while maintaining care and compassion.



# Social and Emotional Wellbeing Partner Network Monthly News February 2022

## Being Trauma Responsive: 28 March

Discuss talking safely with someone who is impacted by trauma and teaching simple strategies to support recovery, respond to someone experiencing triggers and improve the experiences of people impacted by trauma when seeking support.

## Mental Health Challenges (online): 28-29 March

An introduction to the broad spectrum of mental health challenges a good foundation for workers who need a solid understanding in this area, and who want to develop their skills using practice tools to respond to real-life scenarios.

## Self-care in a Time of Change: 28 March

Explore the concept of change – including but not limited to global changes such as COVID – and considers its impact on our work and our wider environment.

## Everyday Counselling Skills: 30 March

Many non-counselling professionals find themselves in day-to-day situations where they are called to support another person emotionally, such as responding to someone experiencing distress, anger, confusion, anxiety or fear

## Upcoming Training

Due to the growing spread of Covid-19 in the Kimberly KAMS have put a stop to all staff travel which means we are looking at other alternative to delivering SEWB training such as online training.

## Future Training

*To check out all future training and events please visit the SEWB Training & Events Calendar.*

*To put in an Expression of Interest for SEWB training please see links below:*

*For organization's:*

[http://kams.org.au/kamsc-services/social-emotional-well-being/eoi\\_org/](http://kams.org.au/kamsc-services/social-emotional-well-being/eoi_org/)

*For community members:* [http://kams.org.au/kamsc-services/social-emotional-well-being/eoi\\_community/](http://kams.org.au/kamsc-services/social-emotional-well-being/eoi_community/)

<https://www.who.int/publications/i/item/9789240025707>

*If you have any questions relating to our February newsletter or if your organization is keen to share any good news or up and coming events and training in your local community, please email the details through to our SEWB Admin officer at [sewbadmin@kamsc.org.au](mailto:sewbadmin@kamsc.org.au)*