



# Social and Emotional Wellbeing Partner Network Monthly News February 2022

## SEWB WSDU Team Update

Hi all and welcome to the first SEWB newsletter for 2022

This year is shaping up to be as uncertain as the last with a looming COVID 19 outbreak in WA. The SEWB team is busy trying to get in with face to face support we can before any lockdowns accrues while also making plans for how we can continue to support our workforce and community in the event we are unable to travel and are required to work from home.

If the SEWB work force have any ideas on what we can offer you in 2022 please get in touch (SEWB admin email)

### KAMS to sponsoring SEWB workforce to attend the WA Mental Health Conference 2022

The WA Mental Health Conference 2022 will be held in Perth on the 12<sup>th</sup> and 13<sup>th</sup> May 2022 at the Optus Stadium.

For more information about the Conference please visit website <https://waamh.org.au/conference-2022>



**KAMS SEWB is sponsoring members** of the SEWB workforce to attend and represent our region. If you are interested please submit an Expression of Interest (EOI) outlining your interest and what you would like to get out of the conference.

KAMS SEWB will be sponsoring tickets organisations will need to cover the cost of travel and accommodation for staff.

Please send your EOI to Lenard Ansey contact details below

**Email:** [lenard.ansey@kamsc.org.au](mailto:lenard.ansey@kamsc.org.au)

**SEWB reception Email:** [sewbadmin@kamsc.org.au](mailto:sewbadmin@kamsc.org.au)

**Phone:** (08) 91 943 290

### KAMS CEO Awarded the medal of Order of Australia



Congratulations to KAMS CEO Vicki O'Donnell awarded the medal of the order of Australia. For her contribution to the Indigenous community of Western Australia.

Vicki has dedicated 18 + years working in the Medical Service, wanting to make a change, Vicki was determined to do something about chronic disease among Indigenous people in the Kimberley.

*"I think we have to [advocate] because if we are fragmented they pick us off, and I think if we are united — and the Kimberley and our member services are pretty united — when we speak, we speak with one voice,"*

She is also the chair of the Aboriginal Health Council of WA, which is the state body that represents the Aboriginal medical services across Western Australia.

### facebook Comments





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## COVID Update

### Staying healthy and strong during the coronavirus outbreak

The below poster is one of many posters developed by Gayaadhuwi. These resources around COVID 19 are grate ways to look after your wellbeing physicality and mentally.

#### Other Include

- **12 Tips for coming out of Lookdown in a strong and Healthy Way**
- **5 tips for staying healthy & strong during the coronavirus outbreak**
- **How are you coping with Coronavirus?**

For more information please visit [www.gayaadhuwi.org.au](http://www.gayaadhuwi.org.au) or to assess these resources please click on [link](#)



## Upcoming Events

### WA Mental Health Conference 2022 12th and 13th May 2022 at the Optus Stadium



The WA Mental Health Conference 2022 will be held in Perth on the 12<sup>th</sup> and 13<sup>th</sup> May 2022 at the Optus Stadium.

The conference aims to develop, strengthen and support WA's mental health sector, so we can work better together in the interest of the community's mental health.

This event will provide collaborative opportunities for people with lived experience, clinical staff and non-clinical mental health workers; offering the chance to share resources, perspectives and best practices.

For more information about the Conference please visit website <https://waamh.org.au/conference-2022>



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## February 2022

### Job Opportunities

#### Kimberley Renal Services Learning and Development Coordinator

**Location** : Broome  
**Unit** : Kimberley Renal Services  
**Status** : Full-Time  
**Hours** : 76 hours Pre-Fortnight

For more inquires please contact Jessica Fong on 919143 200 to **apply** click on [link](#) or visit the KAMS Website

#### Aboriginal Health Worker

**Locations** : (Broome, Derby, Kununurra)  
**Status** : Full-Time  
**Hours** : 76 hours Pre-Fortnight

To **apply** click on [link](#) or visit the KAMS Website

If you would like to view all current vacancies at KAMS please visit the KAMS Employment page.

### Other Opportunities

#### Alcohol & Other Drug Network - A Project ECHO Initiative

##### Launching 22 February 2022

- ✓ Participate in a monthly virtual network with diverse subject matter experts on alcohol and other drugs (AOD)
- ✓ Learn from peer-based learning case-discussions and didactic presentations
- ✓ Improve knowledge and confidence in managing AOD issues in primary care
- ✓ Rural and Metropolitan GPs, GP registrars, Practice Nurses, Aboriginal Health Practitioners, Aboriginal Health Workers and Allied health practitioners are all encouraged to attend
- ✓ CPD recognised with the RACGP & ACRRM

Time: Monthly 1-hour session (day and time TBC pending participant availability)  
Location: Online (Zoom)  
Cost: Free

Registration: <https://bit.ly/AODECHO>

More info:

<https://phexchange.wapha.org.au/alcohol-and-other-drug-network>



# Social and Emotional Wellbeing Partner Network Monthly News February 2022

## Other Training

### WAAMH Upcoming Mental Health Training 2022

Face-to-Face Face Opportunities in February

#### **Mental Health First Aid Refresher**

2 February 2022

[Learn more about the course and register here!](#)

#### **Safe Professional Boundaries** 3 February 2022

[Learn more about the course and register here!](#)

#### **De-escalation Skills**

9 February 2022

[Learn more about the course and register here!](#)

#### **Everyday Counselling Skills**

10 February 2022

[Learn more about the course and register here!](#)

#### **Meditation and Wellbeing \*New\***

21 February 2022

[Learn more about the course and register here!](#)

#### **Trauma Informed Practice**

25 February 2022

[Learn more about the course and register here!](#)

For more face-to-face courses in the following months click below:

<https://waamh.cmail19.com/t/y-l-bnttk-t-jhaduhun-u/>

WAAMH's online Interactive Learning Stream is an engaging and accessible alternative to face-to-face training and the offer for 2022 continues to grow.

Book in now for an Interactive Learning Session, hosted on the Zoom platform which can be accessed from anywhere in Australia!

#### **Recovery and Recovery Plans**

7 & 8 February 2022

[Learn more about the course and register here!](#)

#### **Trauma Informed Practice**

9 & 10 February 2022

[Learn more about the course and register here!](#)

#### **Grief and Loss**

14 & 15 February 2022

[Learn more about the course and register here!](#)

#### **Safe and Professional Boundaries**

16 & 17 February 2022

[Learn more about the course and register here!](#)

#### **De-escalation Skills**

22 & 23 February 2022

[Learn more about the course and register here!](#)

#### **Positive Psychology Tools**

24 & 25 February 2022

[Learn more about the course and register here!](#)

[See more Online courses in the following months here!](#)



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## SEWB Training

To check out all future training and events please visit the SEWB Training & Events Calendar.

To put in an Expression of Interest for SEWB training please see links below:

***For organization's:***

[http://kams.org.au/kamsc-services/social-emotional-well-being/eoi\\_org/](http://kams.org.au/kamsc-services/social-emotional-well-being/eoi_org/)

***For community members:***

[http://kams.org.au/kamsc-services/social-emotional-well-being/eoi\\_community/](http://kams.org.au/kamsc-services/social-emotional-well-being/eoi_community/)

<https://www.who.int/publications/i/item/9789240025707>

If you have any questions relating to our January – February newsletter or if your organization is keen to share any good news or up and coming events and training in your local community, please email the details through to our SEWB Admin officer at [sewbadmin@kamsc.org.au](mailto:sewbadmin@kamsc.org.au)