



KAMS Social and Emotional Wellbeing

Social and Emotional Wellbeing Partner Network Monthly News APRIL 2021

General Updates

Hello everyone and welcome to our May 2021 edition of the SEWB newsletter, it has been an extremely month with lots of events happening across the Kimberley.

SEWB WSDU Team Updates

New Starters



Kiarnee Baguley

Kiarnee has moved over from headspace to joined the SEWB Team as the Suicide Prevention coordinator, Kiarnee has started in this position on the 27th April 2021 can everyone please make her feel welcome.



Lenard Ansey

Lenny have moved back to the SEWB Admin position after being secondment over at headspace since April 2020

April Good News



Congratulation to Kiarnee for winning 2020 Young Achiever Award at the AHCWA conference that was held in Perth on the 24th to 25th March 2021

The awards ceremony is aimed at highlighting the successes and outstanding achievements of those working in the Aboriginal health sector as nominated by the 23 Member Services. Due to the COVID-19 pandemic, the 2020 awards were postponed until this year



Job Opportunities

SEWB Case Worker

Location: Broome

Status: Full Time

Hours: 76h Pre-Fortnight

How to Apply: please see email erinat@brams.org.au

or click on the link <https://kamsc-brams.applynow.net.au/jobs/KAMS512-social-and-emotional-wellbeing-case-worker>

Closing Date: 7th May 2021

Social Emotional Well-being Counsellor

JOB OPPORTUNITY

More information
Sahil
Ph: 08 9108 6266

How to apply
Applicants must address and submit selection criteria and current resume to hr@brams.org.au

Closing date
14th May 2021 COB

Position: Social Emotional Well-Being Counsellor
2 Vacancies:
Location: Halls Creek
Unit: YYMS – Programs Unit
Status: Full time – Fixed Term Contract ends 30 June 2021
Hours: 76 per fortnight

Job Opportunity

Broome Regional Aboriginal Medical Service

SEWB Caseworker

Location: Broome

Status: Full Time

Hours: 76 Hours per Fortnight

Further queries: Jariah Kaissis

Email: jariahk@brams.org.au

How to apply: Submit application at <https://kamsc-brams.applynow.net.au/jobs/KAMS512>

Closing Date: Monday 17th May 2021

Healthy People - Strong Community - Bright Future

Social Emotional Well-being Counsellor

Position: Social Emotional Well-being Counsellor

Location: Halls Creek

Unit: YYMS: – Programs Unit

Status: Full Time, Fixed Term Contract ends 30 June 2021
Hours: 76 per fortnight

Closing Date: 14th May 2021 COB

COVID Update

People aged 50 and over can get the AstraZeneca vaccine at their local Aboriginal Medical Services and some other health providers. If you have any questions about vaccines, you can talk to an Aboriginal Health Worker or doctor, or visit the KAMS Vaccine FAQs here: <http://kams.org.au/covid19/covid-19-kimberley-vaccination/>



Kimberley Aboriginal Suicide Prevention Trial [KASPT] | April Update

Reflection of three weeks on the road undertaking KASPP consultations from SEWB staff member Kara Farell

In preparation before consultations. A lot of work had been put in this plan, mainly around using appropriate language, to venue and food, and developing AO posters for each recommendation. We had a meeting on how the consultations would be especially only given 2 hours per consultations. We were relieved that preparation was over so we can start on our three weeks journey around the Kimberley.

We prepared for the consultations or at least we thought. We had a few bumps with the posters, please note that Blu-Tak does not hold AO posters so the ground was our alternative option, we laid the posters on the ground. Also, on that note please make sure you have heavy equipment or weight if you are the outside area (thank you Balgo Pool for letting use your equipment when posters would fly away). We had intended to have the posters up around the room for each community to read and discuss as a group. In the end we decided to read each recommendation out because we felt like each session had community members on different levels of knowledge and background and it was valuable for us to capture that in group discussion. We had people from service providers to community members including elders. We have heard the voices from all over the Kimberley to validate the Regional Plan and how the plan could fit in each of the community.



The atmosphere of each consultations was unique, some community members were tired and frustrated but also understanding and patient. Some community members questioned the plan to see how practical it will work in their community they also had their own suggestions and ideas that needed to be captured.

In the end the feedback has been positive, it has been a massive three weeks which has been so valuable to make sure this plan reflects on the whole community.

To get involved please complete at our survey: <https://www.surveymonkey.com/r/6FJMFCG>

And If you would like to hear more about any of the activities happening with KASPT and how you can be involved, please contact Stefanie on spcapacitybuilding@kamsc.org.au.

Quotes from community members

From Central Kimberley:

“So it seems like government is finally listening”

From East Kimberley:

“We are tired of speaking for our young mob, it’s time for them to start take the lead”

From West Kimberley:

“Developing governance structure to ensure services and community groups work together and to keep continuity and accountability”



A Great Training to look out for! Building Babies Brains: Module 1: Brain Wiring, Module 2: Early Relationships and Module 3: was held at KAMS on Thursday 15th April 2021

Reflection from KAMS staff who attended the training – ‘Oral Language is a really empowering course that allowed me an insight into how to prevent trauma in later years. As I work in Social and Emotional Wellbeing to prevent suicide for women in the Broome and the Kimberley it was a really great selection of information in the modules outlining the scientific background in how brains develop from in the womb to a three year old, how language differences in Kriol and standard English can affect our children’s learning and recognizing that neither is better than the other; and reinforcing in a formal manner what we already may know like learning how foods and games at an early age can be the building blocks to a more successful way of life as an adult. The highlight was meeting other partnering colleagues from all over the Kimberley who have the same goal, which is to better the mental health of our people.’



For more info click on link below: <http://kams.org.au/blog/calendar/building-babies-brains/>

Family Matters National Week of Action | Sun 9 – Sat 15 May 2021



For one week each year, the Family Matters National Week of Action relies on you, our supporters and organisational members of the Family Matters Strategic Alliance, to build public awareness and political commitment for our campaign to make sure all our children grow up strong in family, culture, and community.

Join us Online to support Karl Williamson will be facilitating first session: working with our mob this webinar is an invaluable way for all child and family services providers and practitioners working with Aboriginal people to develop empowering, respectful practice.

Monday 10 th May (12-1.30pm AEST) Working with Our Mob: How to put <i>Family Matters</i> principles into practice. Introduced by SNAICC CEO Catherine Liddle and facilitated by Karl Williamson, Family Matters National Leadership Group member and social worker.
Tuesday 11th May Aboriginal and Torres Strait Islander Child Placement Principle and your work
Wednesday 12 May (12-1.30pm AEST) National commissioner call to action
Thursday 13 May (12-2pm AEDT) Ways to connect children back to their family, culture and community
Friday 14 May (12-2pm AEST) Ensuring our babies get the safest start

For more info please click [here](#) to register for the above webinar



Resources

Indigenous Suicide Prevention Crisis Line – 1800 370 747

AHCWA E-Bulletin news – [Welcome to the 76th issue of the AHCWA E-Bulletin](#).

Events and Training coming up in May and June 2021

Keep in the know on all our Events and Training being promoted in 2021, bookmark our [KAMS SEWB Calendar](#) now.

What: Moodtji Leader Training

When: Tuesday, 11th May to Friday, 14th May 2021

Where: **No more spaces, waitlist only**

What: Trauma Informed Care and Practice workshop by Mental Health Commission

When: Thursday, 13th May 2021

Where: Lotteries House, Broome

What: Recognising and responding to Amphetamine Intoxication/Toxicity & Opioid overdose training by Mental Health Commission

When: Friday, 14th May 2021

Where: Lotteries House, Broome

What: Fetal Alcohol Spectrum Disorder (FASD) Training by The Prevention Services Division at the Mental Health Commission.

When: Tuesday, 25th May to Wednesday, 26th May 2021

Where: TBC on registration, Kununurra

What: Managers Forum

When: 15th and 16th June 2021

Where: KAMS – BME

Aboriginal Mental Health First Aid (AMHFA) - We are also working on locking in dates in the East and West Kimberley to deliver AMHFA training. Please see link below to put in your express your interest.

For organizations : http://kams.org.au/kamsc-services/social-emotional-well-being/eoi_org/

For community members: http://kams.org.au/kamsc-services/social-emotional-well-being/eoi_community/

Check out our [SEWB Training & Events Calendar](#) for all training courses. Also, on offer in Perth both face to face and online being delivered by the Western Australian Association for Mental health are courses such as:

- De-escalation Skills – Perth – Monday, 10th May 2021.
- Supervision – Perth – two-days Tuesday, 18th May and Wednesday, 19th May 2021.
- Culturally Diverse Mental Health – Perth – Monday, 31st May 2021.
- Trauma Informed Practice – Perth – Thursday, 3rd June 2021.
- Recovery and Recovery Plans – Online 2 x 4hr sessions – Thursday, 17th and Friday, 18th June 2021.
- Self-care in a time of change – Perth – Thursday, 5th August 2021,
- De-escalation skills – Perth – Monday, 23rd August 2021.

If you have any questions relating to our March newsletter or if your organization is keen to share any good news or up and coming events and training in your local community, please email the details through to our SEWB Admin officer at sewbadmin@kamsc.org.au.