

Narrative Therapy Level 1 Training Course

Broome | 4 - 8 October 2021

About Dulwich Centre

Boab Health Services is pleased to host Tileah Drahm-Butler and Ben Shannahan from the teaching faculty at Dulwich Centre, Adelaide (on Kurna Land), one of the key 'homes' of narrative practice. For more information, visit www.dulwichcentre.com.au

Why Narrative Therapy?

Narrative therapy centres people as the experts in their own lives and views problems as separate from people.

The word 'narrative' refers to the emphasis placed upon the stories of people's lives and the differences that can be made through particular tellings and re-tellings of these stories.

Narrative therapy is a hopeful approach and is recognised as an appropriate therapeutic modality in supporting Indigenous persons.

Level 1 training overview

This 5-day workshop is designed for those who are relatively new to narrative ways of working or for those who have had some exposure to the ideas and would like the opportunity to engage with narrative practices more rigorously.

Course content

This course will cover the following key narrative ideas and practices:

- Externalising conversations: the person is not the problem, the problem is the problem

- Re-authoring conversations: telling our stories in ways that make us stronger
- Outsider-witness practices: linking lives and the use of audiences
- Re-membering conversations: considering the memberships of our lives
- Listening for alternative storylines
- Documenting change: the use of letters and certificates
- The Tree of Life narrative approach

Venue

The Heritage Centre Broome (Bernardine Greene Room). 9 Barker St, Broome

Time

9:00 am to 4:30 pm (to be confirmed)

Catering

A simple morning tea will be available. To keep costs as low as possible, we ask participants to bring or purchase their own lunch.

Cost

Early bird rate (paid before 30 June, 2021): \$975.
After 30 June, the cost is \$1,285 per person.

Registration

For registration or more information on this course, go to the What's On page at www.boabhealth.com.au or click on the QR code with your smartphone camera or QR code reader App.

