

Recovery and Recovery Plans



WAAMH

Western Australian Association
for Mental Health



17 + 18 June 2021



9am - 1pm



Zoom platform



\$170 - Full members
\$195 - Associate members
\$220 - Non-members

Scholarship places available



Custom courses available
for workplaces. Talk to
our training specialists
about a suitable course
for your staff.



 @MentalHealthWA

 @TheWAAMH

Online Interactive Learning

Participants will learn from this course how to establish and build safe and person-centred relationships that are strengths focused. Participants will also learn practical strategies to support their clients with their recovery goals.

Recovery is key concept in mental health care and participants will be introduced to its origins, as well as its application as both a treatment philosophy and a guide to policy. Recovery will be positioned in the context of the bio-psychosocial model of understanding mental health. Participants will learn about the importance of language in recovery-oriented practice, fostering a recovery alliance and will explore how to effectively engage in recovery planning with consumers.

This course will support participants to:

- An understanding of what Recovery is and is not.
- An understanding the relevance of recovery principles and the CHIME framework to recovery planning.
- Increased confidence in how to use recovery planning to support a person to identify goals that align with SMART principles.
- The ability to use recovery planning tools in a collaborative, person-centred way that ensures that individuals are fully involved the recovery planning process.

The fully interactive online training sessions will be facilitated by two of our experienced trainers who have extensive knowledge, skills, and experience in the mental health field. The course will be delivered over two, 4-hour sessions, on consecutive days and participants will be supported to meaningfully engage with the course content and the other participants.

TRAINING INCLUDES:

Qualified & experienced trainers
Personalised certificate
Quality resources to keep

TARGET AUDIENCE:

Suitable for staff working
across a wide variety of
services helping clients
create recovery plans.

Contact us to register



waamh.org.au



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