

Mental Health Challenges & Disability



WAAMH

Western Australian Association
for Mental Health



20 April 2021



9am – 4.30pm



VENUE:
Workzone Building
Training room, Level 1,
1 Nash Street, PERTH



\$195 - Full members
\$220 - Associate members
\$245 – Non-members

Scholarship places available



Custom courses available
for workplaces. Talk to
our training specialists
about a suitable course
for your staff.



 @MentalHealthWA

 @TheWAAMH

Face to Face Learning

This course provides tools in helping to identify potential anxiety, depression and psychosis in persons with physical or intellectual disabilities.

The prevalence of mental health issues is higher in people with a disability than in the general population. This means that often, a person who has both a physical, intellectual or neurological disability is also dealing with mental health challenges.

There can be complexities in distinguishing mental health issues from intellectual or neurological disability and this can lead to mental health challenges not being recognised or identified.

Participants will explore concepts of recovery, trauma and strength-based approaches to working with people with complex needs. They will use a recovery and biopsychosocial approach to meet their client's needs.

This course will support participants to:

- Understand the prevalence of disability and mental health issues.
- Have increased confidence in recognising anxiety, depression and psychosis in persons with physical or intellectual disabilities.
- Practice using a range of observation and communication tools to build their confidence in identifying and responding appropriately to mental health needs.
- Be confident in accessing resources to help meet the needs of clients with both disability and mental health challenges including in crisis situations.

Catering and light refreshments provided for this course

TRAINING INCLUDES:

Qualified & experienced trainer
Personalised certificate
Quality resources to keep

TARGET AUDIENCE:

Suitable for staff in a variety of settings who work alongside clients in disability, therapeutic, supportive for caring roles.

Contact us to register



waamh.org.au



info@waamh.org.au



08 6246 3000