



SEWB Partner Network Monthly News

September 2020

Welcome to the Kimberley Aboriginal Medical Services (KAMS) Social and Emotional Wellbeing (SEWB) Monthly News. Designed to keep KAMS partner organisations and member services informed of important news for the SEWB sector in the Kimberley, this communique shares general updates, upcoming training and events, good news stories, and resources. ***If you have an update to share, or would like your good news story or event featured in this communique, please contact sewbadmin@kamsc.org.au prior to the beginning of the month in question.***

General Updates

A Profile of Suicide and Self-harm in the Kimberley

As part of the Kimberley Aboriginal Suicide Prevention Trial, KAMS engaged the University of Western Australia to collate available suicide and self-harm data for the Kimberley region. The report confirms what is already known, that rates of suicide and self-harm are higher in the Kimberley region compared to the rest of the state and country. Key recommendations of the report include training of Kimberley health workforce so they may better capture and report on suicidal behaviours and self-harm, and better resourcing to improve care provided. You can read the full report [here](#).

headspace National survey: share your views to support Aboriginal and Torres Strait Islander young people

As members of the SEWB workforce in the Kimberley, you are all invited to complete a short survey issued by headspace National, which will allow them to understand your experiences working with Aboriginal and Torres Strait Islander young people and what you perceive are the greatest barriers and enablers to access and engagement of headspace centres. The results of this survey will contribute to a larger project investigating how headspace can improve the cultural safety of its service and embed cultural practices into its model of care. To complete the survey, please click [here](#). For more

information on the project please contact Nathan Bramston, National Manager Aboriginal and Torres Strait Islander Cultural Practice & Engagement, nbramston@headspace.org.au 0475 824 782.



1 - Broome headspace clinic reception make-over.



2 - Broome headspace clinic reception make-over.

KAMS SEWB Webpage Update

The KAMS SEWB team have re-designed their webpage on the KAMS website to more clearly portray who we are, the work that we do and upcoming events. Through the website, community members and organisations can now also request SEWB training. Please have a look by clicking the following links and let us know what you think!

[SEWB home webpage](#)

[SEWB training webpage](#)

Centacare Kimberley New Website

Centacare Kimberley Association Inc is a Not-For-Profit Organisation providing a range of social support services across the Kimberley. They have recently updated their website, which you can view [here](#). Please share among your networks.

Good news

Completion of final training block of Certificate IV in Mental Health

Students enrolled in the Certificate IV in Mental Health course delivered by the KAMS Registered Training Organisation (RTO) completed their final block of training in August 2020. Congratulations to all students on this incredible achievement. Graduation will be held in November 2020.

Aboriginal Mental Health First Aid (AMHFA) Training in Broome

KAMS SEWB Trainers Zac Cox and Michael McKenzie delivered AMHFA Training to 14 community members and members of the SEWB workforce in Broome on the 25th and 26th of August. Attendees were from a variety of organisations, including Kimberley Stolen Generation Aboriginal Corporation, Broome Circle House, The University of Notre Dame and Far North Community Services. Many attendees attested that the most valuable aspect of the course was learning how to support the mental health of Aboriginal people in a Kimberley-context.



3 - Students who completed the AMHFA training in Broome, 25 - 26 August 2020

Workforce Support and Development Process Initiated

Following the Virtual Regional SEWB Manager's Forum in June, 2020, a number of KAMS member organisations have initiated the KAMS SEWB Workforce Support and Development Process based on the 70/20/10 model. Thank you for meeting with our team members to begin mapping out your workforce capability frameworks. The team will be in touch soon to progress to the next step (training needs analysis).

Resources

Aboriginal Health Conference 2020 - Going Virtual

Rural Health West Education and Skills Development have compiled a comprehensive collection of Aboriginal health online learning and resources in lieu of a face-to-face 2020 Aboriginal Health Conference. We have selected the resources most relevant to the SEWB workforce in the Kimberley to share with you here: **Short videos:**

- Journey of health and wellbeing - produced by Tim Muirhead, Danny Ford and the Department of Health WA, Aboriginal Policy Directorate, this short video shows Aboriginal people's journey of health and wellbeing. [View here](#)
- Tobacco use among Aboriginal and Torres Strait Islander people - produced by Australian Indigenous HealthInfoNet based on the Review of tobacco use among Aboriginal and Torres Strait Islander peoples (2020). [View here](#)

Webinars:

- MAAPA - created by the Aboriginal Health Council of WA, this webinar presents MAAPA, a map showing health services across WA including their facilities, visiting specialists and mobile clinics. [View here](#)

Online Learning:

- Cultural Insights online learning module - A Cultural Awareness 101 module for all Australian workplaces, delivered by Ngarluma woman Jolleen Hicks. Cost: \$199 per person. [Further information here,](#)
- Wellmob - an easy to use website developed by eMHPrac that brings together culturally relevant resources to use with Aboriginal and Torres Strait Islander clients. [View here.](#)

Events / Training Happening in September

Health Workforce Training in Suicide Prevention

What: six-hour (1 day) interactive workshop that aims to build the skills and confidence of the health workforce to identify, screen, assess and manage people presenting with, or at risk of, deliberate self-harm and suicidal behaviours.

Time: 9am - 3pm **When and where:** - Broome: 1st and 2nd of September - Derby: 3rd and 4th of September - Fitzroy Crossing: 7th of September - Halls Creek: 9th of September

Mental Health Commission's SEWB / AOD Training

What: In September, the Mental Health Commission is providing SEWB and AOD training free of charge, and fully catered. Training details are as follows:

Day 1: Trauma Informed Care and Practice: 9am - 4.30pm, 3rd September

Day 2: Recognising and Responding to Amphetamine Intoxications/Toxicity & Opioid Overdose: 9am - 4.30pm, 4th September **Where:** Broome Lotteries House, Broome

Youth Mental Health First Aid in Broome and Derby

What: the two-day Youth Mental Health First Aid course provides participants with the skills and knowledge to identify young people experiencing mental health issues and provide initial support while connecting them to professional services. A facilitator from Mental Health First Aid Australia will travel to the Kimberley this month to deliver the training.

Time: 9am - 5pm **When:** 3rd - 4th September **Where:** Derby

Town Beach Father's Day Celebration

What: a Father's Day Event to allow fathers to spend time with their kids and engage with other fathers in their community. There will be a sausage sizzle, sports activities for fathers and kids, free coffee for fathers, entertainment and discounted museum entry for fathers. **Time:** 8am - 11am **Date:** 6th September **Where:** Town Beach, Broome For additional information, please see flyer attached to cover email.

EAL Practitioner Training

What: SEWB workers in Broome and Derby were invited to apply to become EAL practitioners with the Yawardani Jan-ga (*Horses doing healing*) program in Broome. They completed their first training block last month. This month, the successful applicants will complete their training and become qualified practitioners.

When: - **Block 2:** 7 - 11 September - **Block 3:** 21 - 25 September

Where: Broome



4 - EAL Practitioner trainees at their first day of training, 24th August 2020.

Volatile Substance Use: Responding and Reporting Online Training for Service Providers

What: the Kimberley Mental Health and Drug Service is delivering online training for service providers that increases knowledge about the use and risk of volatile substances, and best practice strategies to respond to their use.

When: two online sessions*

- Session 1:
 - 2pm - 3pm, 9th September
- Session 2:
 - 10am - 11am, 10th September

*Note: both sessions deliver the same information.

Please register your interest and the date you would like to attend to Louella.monaghan@health.wa.gov.au. Please see flyer attached to cover email for more information.

Start the Talk, Take the Walk Against Suicide

What: a community event organised by Broome Community Liaison Officer for the Kimberley Aboriginal Suicide Prevention Trial Michael Haji-Ali and the Broome Working Group Wirriya Liyan, in partnership with Kimberley Stolen Generation Aboriginal Corporation and Men's Outreach Service. This event is to allow people to come together and spend time with their loved ones and reflect on those they have lost. The event will begin at Bedford park, with an introduction by Empowered Young Leader Jacob Corpus. Attendees will then walk together to the cemetery, where there will be a smoking ceremony and flowers will be distributed. Following this, there will be a small sausage sizzle and time for reflection together.

Time: 4.30pm - 6.00pm **Date:** 10th September

Where: meet at Bedford Park, Broome For additional information, please see flyer attached to cover email.

