





# COVID-19 for Renal Patients

Update 25 March 2020



## What is COVID-19 (coronavirus)?

• <a href="https://vimeo.com/398749102">https://vimeo.com/398749102</a>



#### What does coronavirus mean to me?

- We don't want any person who has dialysis to get coronavirus, because you might get really sick
- Please stay near the hospital and the dialysis centre in town and don't go bush



#### What about my dialysis?

- Your dialysis is very important. We don't want people to miss their dialysis sessions at this time
- Staying in town means you can keep having dialysis, and if you get sick, you are near the hospital to get help
- It is also important to stay at your home in town as much as you can to try and stop coronavirus from spreading between people



## Frequently Asked Questions

https://vimeo.com/400241384







## What does COVID-19 mean for you?



#### **DON'T**

- Go out if you don't need to
- Have big family gatherings
- Go shopping (food is ok)
- Have visitors to your home
- Visit homes of other family
- Share cars with other family
- Share cups or cigarettes with anyone



#### **USE CAUTION**

- Visiting grocery store
- Getting take out



#### **SAFE TO DO**

- Take a walk
- Read a good book
- Listen to music
- Cook a meal
- Watch your favourite shows and movies
- Call a friend/family or message them



### Mythbusting COVID-19

https://vimeo.com/400413784







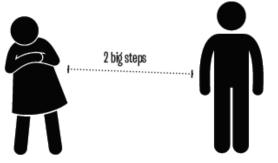


We need to always cover our cough and sneeze.



Wash hands regularly and avoid touching the face





We must keep our distance from other people, so no shaking hands and keep at least 2 big steps away.