

Background Document- Ischaemic Heart Disease Protocol

Working Group:

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With Consultation from

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Heading:

The working group came to a consensus to change from Coronary Artery Disease (CAD) to Ischaemic Heart Disease (IHD). It was felt by the working group that IHD was more commonly used to describe the range of clinical syndromes involving atherosclerosis in the coronary arteries. As a result throughout the protocol there have been changes from 'CAD' to 'IHD'.

Placement of the initial 'NB' box was changed to be in the middle of the page; highlighting for acute presentations that local protocols should be followed.

Case Definition:

Minimal changes made.

Screening:

Waist circumference changed to be consistent with 'Reducing Risk in Heart Disease' guidelines by the Heart Foundation (<https://www.heartfoundation.org.au/images/uploads/publications/Reducing-risk-in-heart-disease.pdf>).

Changes were made to atypical symptoms to cover a greater breadth of presentations.

ECG frequency was moved to the assessment heading.

Principles of Management:

Diabetes screening was changed to HbA1c testing as per the NACCHO and Kimberley Protocol for Diabetes.

It was felt important by the working group to specify the need to chase discharge summary and angiography reports.

Cardiac rehabilitation, which is available in Broome, was added to the protocol, as it is recommended as per the Heart Foundations' 'Recommended Framework for Cardiac Rehabilitation '04' (<https://www.heartfoundation.org.au/images/uploads/publications/Recommended-framework.pdf>).

Advice was sought from Dr John Tan in regards to when to consider stress ECHO or dobutamine stress ECHO. Decision was made to also specify contraindications to stress testing as per 'Cardiac Stress Testing' *Australian Family Physician*, Vol 43, Issue 3, March 2012 (<http://www.racgp.org.au/afp/2012/march/cardiac-stress-testing/>).

Specific advice on immunisations was added as per the 'The Australian Immunisation Handbook' (<http://www.immunise.health.gov.au/internet/immunise/publishing.nsf/Content/Handbook10-home~handbook10part3~handbook10-3-1#3-1-2>).

Therapeutic Protocols:

Medical management is largely unchanged since the protocol was first done. This was reviewed in the relevant sections of 'Therapeutic Guidelines', 'Australian Medicines Handbook' and 'Up-To-Date'.

Medications specified were all checked to ensure that they are on the Kimberley Standard Drug List.

The decision was made by the Working Group for some repetition under each sub-heading under Therapeutic Protocols, so that the guideline can act as a quick aid and reminder in the clinical setting.

Follow-up

Wording changed and reference to other guideline (dyslipidaemia) added.

Refer/ Discuss

More specific guidelines of when to refer provided.